

Referral Guide

Patient Name _____ Date _____

Referring Physician _____

Dx _____ Reason _____

Signature _____

Please bring this form with you to your referral appointment.

PRIMARY CARE

FAMILY MEDICINE

<input type="checkbox"/> Family Medicine Associates of Alexandria	(703) 370-2400
Dr. Vivian Lugo-Eschenwald	Dr. Mirela Mircea Alexandria
<input type="checkbox"/> Leesburg Sterling Family Practice	(703) 724-7530
Dr. Mary Cecil	Dr. Valerie Rhodes
Dr. Scott Nagell	Dr. Jonathan Charen
Dr. Colleen Wright	Dr. Carole Smarth
Dr. Paria Djafari	Dr. Robert Hetzel
Dr. Yliana Acevedo	Dr. Rahib Poonawala
Dr. Anthony Crowley	Dr. Thomas Hegerich
Dr. Sarah Regan	Dr. Shetal Patel
Dr. Troy Mohler	
<input type="checkbox"/> Loudoun Medical Group-Primary Care Center	(703) 450-1125
Dr. Jeffrey Martin	Dr. Ralph Leon
Dr. Judith Greco	Dr. Rhonda Martin
<input type="checkbox"/> Loudoun Valley Family Practice	(540) 338-6101
Dr. Michael Wenzel	Purcellville
<input type="checkbox"/> Nekoba, Jeffrey, MD	(571) 642-1460
Dr. Jeffrey Nekoba	Springfield
<input type="checkbox"/> Potomac Family Practice	(703) 444-3302
Dr. Joseph Lee	Dr. Nikki Truong
<input type="checkbox"/> Sterling Family Practice	(703) 421-7000
Dr. Sarah Fletcher	Dr. Elizabeth Zapp
<input type="checkbox"/> Williamson, Valerie, MD	(571) 707-2079
Dr. Valerie Williamson	Sterling/Leesburg

INTERNAL MEDICINE

<input type="checkbox"/> Andrew, John, MD	(703) 777-1146
Dr. John Andrew	Leesburg
<input type="checkbox"/> Ashburn Sterling Internal Medicine & Pediatrics	(703) 729-9220
Dr. Tareq Abedin	Lansdowne
<input type="checkbox"/> Chadha, Vijay, MD	(703) 478-0325
Dr. Vijay Chadha	Reston
<input type="checkbox"/> Coleman Primary Care	(703) 430-7090
Dr. Linda Coleman	Sterling
<input type="checkbox"/> Dulles Medical Group	(703) 777-8840
Dr. Anil Patel	Leesburg/Sterling
<input type="checkbox"/> The Iyer Clinic	(703) 404-5900
Dr. Ravi Iyer	Sterling/Herndon/Dulles
<input type="checkbox"/> Kingstowne Internal Medicine	(571) 384-6304
Dr. Nikki Waddell	Alexandria
<input type="checkbox"/> Korkowski, Martin A., MD	(703) 858-1395
Dr. Martin Korkowski	Lansdowne

INTERNAL MEDICINE (continued)

<input type="checkbox"/> Loudoun Internal Medicine Associates	(703) 858-3220
Dr. Geetha Pillai	Dr. Richard Kim
Dr. Thomas Feely	
<input type="checkbox"/> Loudoun Medical Care and Wellness	(571) 223-5723
Dr. Sandhya Chanda	Dr. Nidhi Gill
<input type="checkbox"/> Mitchell, Whittaker and Wu, MD's	(703) 461-0700
Dr. Michael Mitchell	Dr. Scott Whittaker
Dr. Wayne Wu	
<input type="checkbox"/> MountainView Medical Associates	(540) 751-0255
Dr. Annette Hudler	Purcellville
<input type="checkbox"/> Ujevic, Neven, MD	(703) 293-5242
Dr. Neven Ujevic	Lansdowne/Purcellville
<input type="checkbox"/> Virginia Med Center & Urgent Care	(540) 338-0032
Dr. Irfan Idrees	Purcellville/Ashburn
<input type="checkbox"/> Virginia Medical Arts Clinic	(571) 313-1980
Dr. Rajeev Khanna	Dr. Arvinder Chawla
	Sterling/Herndon

PEDIATRICS

<input type="checkbox"/> Ashburn Pediatrics	(703) 729-7652
Dr. Michele Reilly	Dr. Theresa Crowley
Dr. Amie Beloy	Dr. Victoria Pierce
Dr. Maura Carroll	Dr. Jyotsna Shah
<input type="checkbox"/> Ashburn Sterling Internal Medicine & Pediatrics	(703) 729-9220
Dr. Tareq Abedin	Lansdowne
<input type="checkbox"/> FoxCare Integrative Health	(434) 290-1210
Dr. Rebecca Fox	Charlottesville
<input type="checkbox"/> Loudoun Pediatric Associates	(703) 723-7337
Dr. Nicole Connolly	Dr. Anya Roychoudhury
Dr. Keriya Adem	Dr. Lisa Hutchinson
Dr. Amber Gaither	Dr. Jennifer Maguire
Dr. Max Lins	
<input type="checkbox"/> Pediatric Healthcare	(703) 779-0699
Dr. Lori Andrew	Dr. Kimberly Kolb
Dr. Damon Moore	Dr. Jamille Cooper
<input type="checkbox"/> Sterling Pediatrics	(703) 444-0100
Dr. Sharmila Nair	Sterling

Write in name of LMG Provider if not listed above:

SPECIALTY CARE

ALLERGY/IMMUNOLOGY

<input type="checkbox"/> Family Allergy Center	(703) 263-2333
Dr. Kenneth Bergman, Sr	Dr. Tammy Smith
Dr. Kenneth Bergman, Jr	Centreville/Gainesville/ Lansdowne
<input type="checkbox"/> Metropolitan ENT & Facial Plastic Surgery	(703) 313-7700
Dr. Michael Abidin	Dr. Courtney Raizman
Dr. Iyad Saidi	Dr. Tarek Orfaly
Dr. Ravi Swamy	Dr. Richard Comstock
<input type="checkbox"/> Northern Virginia ENT Associates	(703) 729-8080
Dr. Michael Mellis	Dr. Kenneth Bergman, Jr
	Lansdowne/Reston

AUDIOLOGY

<input type="checkbox"/> Advanced ENT Specialists	(703) 858-5885
Kim Johnson, AUD	Lansdowne
<input type="checkbox"/> Metropolitan ENT & Facial Plastic Surgery	(703) 313-7700
Sarah Archer, AUD	Jennifer Little, AUD
<input type="checkbox"/> Northern Virginia ENT Associates	(703) 729-8080
Darlene Payne, AUD	Lansdowne

BREAST SURGERY

<input type="checkbox"/> Breast Cancer Center of Loudoun and Reston	(703) 724-9474
Dr. Virginia Chiantella	Lansdowne/Dulles

BREAST SURGERY (continued)

<input type="checkbox"/> Breast Care Consultants of Northern Virginia	(703) 858-3200
Dr. Shannon Lehr	Dr. Bernard Cross
Dr. Virginia Madey	Dr. James Lesniewski
Dr. Brita Kriss	
	Lansdowne/Dulles

DERMATOLOGY

<input type="checkbox"/> Clear Dermatology	(703) 996-4000
Dr. Stephanie Daniel	Ashburn
<input type="checkbox"/> Loudoun Dermatology Associates	(703) 723-7171
Dr. Roberta Moreland	Dr. Van Ha
<input type="checkbox"/> Skin Cancer Center of Northern Virginia	(703) 723-5700
Dr. Michael Todd	Lansdowne

ENT

<input type="checkbox"/> Advanced ENT Specialists	(703) 858-5885
Dr. Mahesh Parameswaran	Lansdowne
<input type="checkbox"/> Family Allergy Center	(703) 263-2333
Dr. Tammy Smith	Dr. Kenneth Bergman, Jr
<input type="checkbox"/> Metropolitan ENT & Facial Plastic Surgery	(703) 313-7700
Dr. Michael Abidin	Dr. Courtney Raizman
Dr. Iyad Saidi	Dr. Tarek Orfaly
Dr. Ravi Swamy	Dr. Richard Comstock
<input type="checkbox"/> Northern Virginia ENT Associates	(703) 729-8080
Dr. Michael Mellis	Dr. Kenneth Bergman, Jr
	Lansdowne/Reston

Referral Guide

SPECIALTY CARE (continued)

GASTROENTEROLOGY		
☐ Digestive Disease Physicians/GI Endoscopy Center of Northern Virginia	(703) 751-5763	
Dr. Alan Ansher	Dr. Deborah Brauer	Alexandria
Dr. Robert Hally	Dr. Craig Ellison	
Dr. Sean Hurley	Dr. Jennifer Wu	
Dr. Timothy Dougherty	Dr. Sindu Stephen	
☐ Loudoun Gastroenterology	(703) 858-3060	
Dr. Robert Lafsky	Dr. Nadeem Khan	Lansdowne
GENERAL SURGERY		
☐ Surgical Specialists of Northern Virginia	(703) 858-3200	
Dr. Bernard Cross	Dr. James Lesniewski	Lansdowne/Dulles
Dr. Virginia Madey	Dr. Brita Kriss	
☐ Virginia Heartburn & Hernia Institute	(703) 372-2280	
Dr. Kevin Gillian		Lorton
GYNECOLOGY		
☐ The Chronic Pelvic Pain Center of Northern Virginia	(703) 448-6070	
Dr. Melissa Delgado		Vienna
☐ Spooner, AnneMarie, MD	(703) 858-2811	
Dr. AnneMarie Spooner		Lansdowne
IMMEDIATE / URGENT CARE		
☐ LMG Cornwall Urgent Care	(571) 707-2085	
		Leesburg
☐ LMG Immediate Care Center	(703) 450-1125	
Dr. Jeffrey Martin	Dr. Rhonda Martin	Sterling
☐ Virginia Med Center & Urgent Care	(540) 338-0032	
Dr. Irfan Idrees		Purcellville/Ashburn
INFECTIOUS DISEASES		
☐ Infectious Diseases, Tropical Medicine & Travel Clinic	(703) 858-9966	
Dr. Sarfraz Choudhary		Lansdowne
☐ Infectious Diseases, Tropical Medicine & Travel Clinic	(703) 313-5060	
Dr. Imtiaz Choudhary		Alexandria
INTEGRATIVE MEDICINE / HOLISTIC		
☐ FoxCare Integrative Health	(434) 290-1210	
Dr. Rebecca Fox		Charlottesville
☐ Integrative Functional Medicine Center	(703) 669-6118	
Dr. Martha Calihan		Leesburg
☐ Sterling Osteopathic & Wellness Care	(703) 421-7000	
Dr. Sarah Fletcher		Sterling
NEPHROLOGY		
☐ Oscar Adler, MD: Kidney Disease & Hypertension	(703) 723-5555	
Dr. Oscar Adler		Lansdowne
NEUROLOGY		
☐ Neurology Associates	(703) 726-6393	
Dr. Sarbjot Dulai		Lansdowne/Dulles
☐ Virginia Center for Neuroscience	(703) 293-5244	
Dr. Seth Tuwiner		Lansdowne/Dulles
OBSTETRICS & GYNECOLOGY		
☐ Foster, G. Neil, MD	(703) 858-3070	
Dr. G. Neil Foster		Lansdowne
☐ Loudoun OBGYN & Midwives	(703) 858-1500	
Dr. Arshed Choudhry	Dr. Michelle Roberts-Borden	Lansdowne/Sterling/Dulles
Dr. Jennifer Thompson	Dr. Lisa Hyun-Park	
☐ Virginia Women's Health Associates	(703) 435-2555	
Dr. Camilla Hersh	Dr. Stephanie Swanson	Reston/Fairfax
Dr. Chana-Rivka Foster	Dr. Mary Smith	
ONCOLOGY / HEMATOLOGY		
☐ LMG Cancer Center & LMG Infusion Center	(703) 656-9805	
Dr. Mei Firestone	Dr. Ali Syed	Lansdowne
ORTHOPAEDIC / SPINAL SURGERY		
☐ Akhtar, Nauman, MD	(571) 209-1875	
Dr. Nauman Akhtar		Leesburg
☐ Center for Spinal Surgery & Spinal Disorders	(703) 777-1553	
Dr. Ian Wattenmaker		Lansdowne
☐ Gavin, Matthew, MD	(703) 777-3262	
Dr. Matthew Gavin		Leesburg

ORTHOPAEDIC / SPINAL SURGERY (continued)		
☐ Kavanagh, Michael, MD	(703) 777-3262	
Dr. Michael Kavanagh		Leesburg
☐ Orthopaedic & Spine Surgery Institute	(703) 723-6774	
Dr. Ali Moshirfar	Dr. Mark Shasti	Lansdowne
OPHTHALMOLOGY		
☐ The Eye Center	(703) 430-4400	
Dr. Ayman Boutros		Sterling/Lansdowne/Fairfax/Alexandria/Manassas
PHYSICAL MEDICINE / REHABILITATION		
☐ Loudoun Spine & Rehabilitation	(703) 443-8110	
Dr. Michael Kuo		Leesburg
☐ United Spine & Joint Center	(703) 840-0665	
Dr. Jon Mader		Lansdowne
PHYSICAL THERAPY		
☐ Advanced Spine & Sports Therapy	(703) 858-7778	
Todd Burnett, MSPT	Sara Scott, DPT	Lansdowne
☐ LSFP Physical Therapy	(703) 724-7530	
Anthony Augliera, DPT		Lansdowne
☐ Optimum Physical Therapy & Sports Medicine	(703) 443-2223 (540) 751-4455	
Scott Hopson, DPT	Bryan Spillare, MPT	Leesburg/Purcellville
PLASTIC SURGERY		
☐ Mountcastle Plastic Surgery and Vein Institute	(703) 858-3208	
Dr. Timothy Mountcastle		Ashburn
PODIATRY		
☐ Catoclin Foot and Ankle Center	(540) 751-4451	
Dr. Cameron Phipps		Leesburg
PULMONOLOGY		
☐ Khan, Jawad, MD	(703) 723-7504	
Dr. Jawad Khan		Lansdowne
RHEUMATOLOGY		
☐ Loudoun Rheumatology Center	(703) 723-3398	
Dr. Jennifer Odutola	Dr. Gulrukh Saleem	Lansdowne/Purcellville/Dulles
Dr. Caroline D'Souza		
SLEEP MEDICINE		
☐ Comprehensive Sleep Care Center	(703) 729-3420	
Dr. Charu Sabharwal	Dr. Shahriar Shahzeidi	Lansdowne/Chantilly/
Dr. Chi George Zhao	Dr. Sharmili Mathur	Arlington/Woodbridge/
Dr. Sean Rotolo	Dr. Keshia Sullivan	Dumfries/Germantown/Manassas/Bethesda
☐ Family Allergy Center Sleep Lab	(703) 263-2333	
Dr. Kenneth Bergman, Jr		Gainesville
☐ Northern Virginia ENT Associates	(703) 729-8080	
Dr. Michael Mellis	Dr. Kenneth Bergman, Jr	Lansdowne/Reston
UROGYNECOLOGY		
☐ Urogynecology Center of Northern Virginia	(703) 293-5239	
Dr. Maria Canter		Reston/McLean
UROLOGY		
☐ The Urology Group	(703) 724-1195 (703) 480-0220	
Dr. Walter O'Brien	Dr. Chuck Pruna	Lansdowne/Reston/ Dulles
Dr. Kevin O'Connor	Dr. Christopher Starks	
Dr. Nicholas Lailas	Dr. Nathan Roberts	
Dr. Gregory Schenk	Dr. Christine Tran	
Dr. Jennifer Young		
Dr. Gary Fialk		(703) 689-3311
VASCULAR SURGERY		
☐ Vascular Associates of Northern Virginia	(571) 375-7174	
Dr. Avisesh Sahgal	Dr. Robert Podolsky	Reston

Write in name of LMG Provider if not listed above:

LMG CENTERS		
LMG Cornwall Primary Care	Leesburg	(571) 707-2085
LMG Cornwall Urgent Care	Leesburg	(571) 707-2085
LMG Multi-Specialty Center	Dulles/Aldie	(703) 957-1020
LMG Wellness & Weight Loss Center	Leesburg/Lansdowne	(571) 289-3238
Loudoun Medical Group Lab	Lansdowne	(571) 789-1846
Scrubs Plus by LMG	Sterling	(571) 350-9300